

Next-Level New Year

*Tempting adventures designed
to tackle classic resolutions in a
spectacular new way — sans guilt*

BY CORRY COOK

Eat Well & Good

Passionate about what you put in your body while on holiday in 2021? Coveted paradise Las Ventanas al Paraiso in Los Cabos has teamed up with Bonberi, the uber-hip cult favorite vegan market in New York City. The result? A chic and colorful yearlong vegan pop-up at the beloved Rosewood resort, starting this month. Bonberi founder and wellness guru **Nicole Berrie** has personally designed customized menus for Las Ventanas, featuring unique takes on her vegan delicacies that incorporate the ingredients and flavors of Mexico. The range of delicious dishes filled with fresh ingredients will be supplemented with recipes to make at home. rosewoodhotels.com



Glow Skin Glow

Italian beauty powerhouse **Pietro Simone** has long been celebrated as a go-to skin care secret weapon for celebrities around the world. Simone's popular Italian Gold Facial, complete with a 24-karat gold leaf skin care mask, is now available in the lower-ground beauty treatment rooms at Harrods in London. When used in its purest form, Simone's golden gift to tired skin has been known to boost collagen production and reduce the appearance of fine lines, as well as visibly lift and firm the skin. Should London not be calling, Pietro Simone Skincare products and bespoke treatments can also be found at his new clinic at the Parlor in New York and some of the world's finest spas, including — once it's open again — Meadowood Napa. pietrosimone.com

Own the Night

Shaping up this time of year includes all kinds of outdoor activities, ranging from soft and sublime to bold and potentially punishing. Nestled in the Sierra Nevada, the Ritz-Carlton, Lake Tahoe offers a heart-racing snowshoe trek experience under starry skies for world-class winter adventure. A solid sweat is guaranteed and so, too, are plenty of opportunities to rest and gaze at the many wonders of the nighttime sky using state-of-the-art telescopes. Ritz-Carlton spa director **Shawn Lopez** already has a top treatment in mind to follow all that epic evening action. "Our Journey Through the Forest experience includes a full-body exfoliation scrub, massage and plenty of native essential oils to restore tired muscles and hydrate fatigued winter skin," she says. "Don't miss the private soak in the spa's unique copper tub!" ritzcarlton.com





Try Something New

With 37,000 acres and more than 100 miles of trails in Montana's rugged wilderness, The Resort at Paws Up offers unlimited opportunities for outdoor enthusiasts in the rugged region, including snowshoeing, cross-country skiing, snowmobiling, skijoring, sleigh rides, ice skating, dog sledding and downhill skiing. *Skijoring?! Derived from the Norwegian word "skikjøring," literally ski driving, skijoring, in which a skier is pulled by a horse or by dogs, is one of the newest winter wilderness adventures at the resort, which provides all the necessary supplies, including skis, poles, boots, gloves, helmets and goggles — and the horses. pawsup.com*

Learn and Connect

An innovative online community, MyLifeWell, promises to dazzle wellness fanatics in California and beyond in 2021 with its bold commitment to inform and educate with a wide range of health and wellness offerings. Membership includes on-demand, livestreamed and one-on-one private virtual classes with instructors who cover nutrition, fitness, yoga, mindfulness, energy healing, stress management, anxiety and more. Not to mention exclusive offers on trips and retreats to coveted wellness destinations as near as Canyon Ranch Woodside and the Ranch at Malibu, or as exotic and faraway as India's famed destination spa Ananda in the Himalayas. mylifewell.com





Keep It Sexy

Nothing will inspire a loved one to adhere to the toughest of resolutions like the promise of a private boat charter for two exploring the breathtaking islands and seas of East Indonesia. Available for international guests from April to September 2021, Aqua Expeditions' newest marine adventure begins with a four-night private charter navigating the famed Komodo National Park, culminating in three nights at NIHI Sumba, a remote hideaway in Indonesia offering a socially distant and wildly romantic backdrop. Departing from Bali aboard Aqua Expeditions' superyacht Aqua Blu, passengers will discover hidden waterfalls, dive among manta rays, swim with horses and observe the legendary Komodo dragon in its natural habitat. aquaexpeditions.com

Broaden Reality

Hip and here to stay, virtual travel will continue to serve as a portal to the world in the new year. Seasoned safari lovers know that sound is an essential part of the safari experience, and the auditory memory of the bush can evoke moments of soothing calm, thrilling excitement and profound emotion. As one of the earliest adopters of virtual game drives and livestreams of safaris from Africa's wilderness, eco-exceptional Singita will continue to inspire with its on-site and virtual restorative beauty, health and wellness programming from the heart of Africa. A range of Singita's soothing sounds is available on SoundCloud, including guided meditations and bird sounds in tranquil playlists that calm the body while transporting the mind with an unforgettable soundtrack that's almost as good as the real thing. singita.com

