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WANDERLUST

WHAT TO DO NOW & WHERE TO GO NEXT

Coveted Countryside Escape Returns LONDON'S HOTTEST PRIVATE COUNTRYSIDE ESCAPE REOPENS, STEEPED IN STYLISH YET LAIDBACK LUXURY.

Big news from across the pond! The historically infamous **MONKEY ISLAND ESTATE**, Bray on the Thames, is once again open to select guests from London and beyond who value their own private countryside escape. Reimagined by YTL Hotels and designed by award-winning New York-based Champalimaud, the private island is a celebration of an intriguing history dating back 800 years, and has been the haunt of monks, monarchs, aristocrats, and writers alike.

Set across seven stunning acres, the restored Monkey Island Estate boasts both

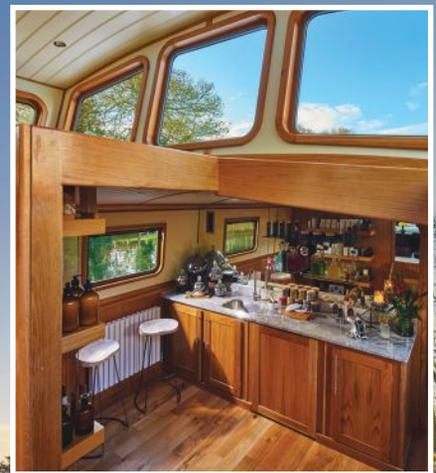


a striking white-bricked **PAVILION AND TEMPLE** building surrounded by beautiful English country gardens with picturesque views of the **RIVER THAMES**. The anticipated opening includes 41 boutique bedrooms and suites on this private island, as well as six individual luxury residences forming the rest of the estate, a modern brasserie, and an innovative **FLOATING SPA**, created by YTL Hotels' wellness experts at **SPA VILLAGE**.

Operating strictly on water, The Floating Spa exists on a bespoke crafted barge with three indulgent treatment rooms, an airy and bright wheelhouse reception, and an **ELIXIR BAR**, all moored on the banks of the island. The Floating Spa experience will be peppered with touch points that celebrate the power of water, taking guests beyond traditional spa offerings, and on holistic voyages through the history of the island and River Thames.

Proving its dedication to rooting the spa in the history of the island and the natural surroundings, Monkey Island Estate has partnered with British spa brand **MOSS OF THE ISLES** to create bespoke treatments that tap into nature's most potent and nourishing elements to create powerhouse formulas that transform, heal, and

PHOTOS: COURTESY OF MONKEY ISLAND ESTATE

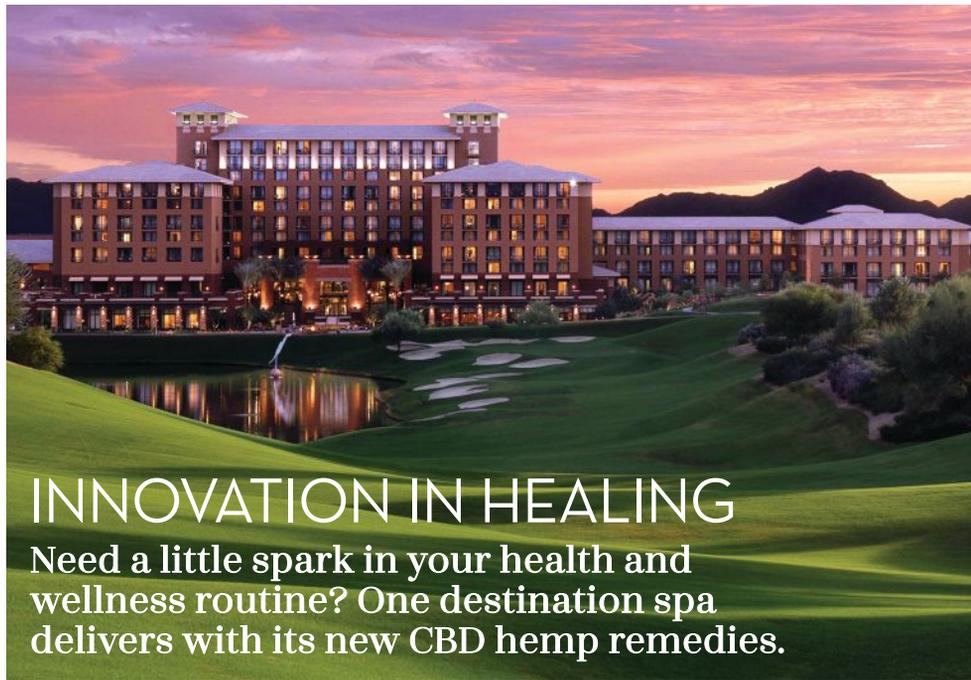




rejuvenate skin. From the Floating Massage, which mirrors the hypnotic effect of rocking on water, to the Garden Herbs and Magic Peat, which reflects the lush and fertile grounds of Monkey Island, these signature treatments use completely natural and hand-crafted products, including unique ingredients such as Moss, Peat, Rosemary, and Horse Chestnut.

www.monkeyislandestate.co.uk

—CORRY COOK



INNOVATION IN HEALING

Need a little spark in your health and wellness routine? One destination spa delivers with its new CBD hemp remedies.

A retreat designed to rejuvenate the mind, body, and spirit, **Agave, The Arizona Spa**, offers treatments inspired by traditional practices handed down through many of Arizona's native cultures as well as therapies that incorporate healing traditions from around the world. The popular Scottsdale spa also sources inspiration from its namesake, the indigenous Agave plant, which is used in many of the spa's treatments.

Nestled within **The Westin Kierland Resort & Spa**, Agave Spa has just announced an enhanced health and wellness strategy infused with hemp-centric offerings. Starting this month, the spa will offer treatments infused with Mary's Nutritionals Muscle Freeze and Elite Compound whole-plant hemp extract products, both featured as a massage therapy supplement to reduce inflammation and alleviate pain.

These all-new series of cannabidiol (CBD) remedies are paired with Agave Spa's advanced body therapies and treatments, including the Signature Pedicure, Athletic Recovery Massage, Craniosacral Energy Therapy, Traveler's Relief Massage, and more.

As the developer and first distributor of the award-winning transdermal patch, the Mary's line of pioneering hemp-derived CBD-infused products set the standard for a proven alternative for relief and overall improved wellness. The new spot-specific transdermal balm, Mary's Elite Compound, is formulated as a deep-penetration topical containing 100mg of activated hemp extract that may be applied locally to muscles, joints, or tender areas. A complement to the transdermal balm, Mary's Muscle Freeze combines natural plant extracts for a soothing, cooling effect to provide quick relief with 200mg of activated hemp extract. Hip and healing treasures abound for guests of all ages!

To learn more or to book a treatment at Agave, The Arizona Spa at The Westin Kierland Resort & Spa, Arizona-Scottsdale, please visit kierlandresort.com or call 480.624.1000.

—CORRY COOK



PHOTOS: COURTESY OF THE WESTIN KIERLAND RESORT & SPA